

Herbal Crafts

*Herbal Exploration & DIY at Frog Farm with Debbie Lukas, clinical herbalist
Siskiyou Mountain Herbs, 9044 Takilma Road 541-415-1822*

Wednesdays August 7 1:30-3:30pm, August 14 1-4PM, August 21 10:30am-12:30pm

Cost: \$50-100 (plus materials) Limited to 10 students

***What is a Sliding Scale Fee?

Different levels of payment are offered in order to make these classes accessible to more folks. The low end is for those who struggle to pay for basic needs, the high end is for those who can afford vacations with air travel. Others are in the middle. Let me know if you need help determining your rate.

Material fee (bottles, herbs, oils, beeswax...) approx. \$25

	Date	Topics	Tools/supplies to bring (optional):
class 1	August 7 1:30-3:30 PM	introduction, terminology, identification of garden herbs, starting an herbarium, herbal oils	Notebook, camera, gloves, pruners, bags, jars, herbs, EVOO
class 2	August 14 1-4PM	gathering & drying herbs for tea, herbal oils part 2, poultices & compresses, decoctions and infusions: the art of brewing tea	Dry and fresh herbs, strainer/cloth, teapot
class 3	August 21 10:30am- 12:30PM	herbal salves & balms, cream/ lotion	Beeswax, essential oils, two 1-2oz salve jars with lids, labels

If you have questions, feel free to call or email me at: sisQdeb@gmail.com , 541-415-1822

Looking forward to playing with the plants with you!

Debbie Lukas