

class schedule summer 2024

WEEK 1 AUGUST 5-7		5	6	7	
time	MONDAY	TUESDAY	WEDNESDAY	NOTES	
	8:30-4 (7hr)	COB FULL DAY 8:30-4 (7hr)	COB HALF DAY 8:30-3:30 (6.5hr)	hours:20.5	
8:30 AM	Padma-stretching/ welcome/check in	Breathing with Rae	x		
9:00:00 AM-10:15AM	Spanish- basic greetings & phrases with an emphasis on farm/community vocabulary.	x	x		
10:30- Noon	Sound Listening Workshop!	x	x		
lunch					
12:30PM-3 (with break)	Library cataloging- part 1	x	Seeing Through Lenses: creating video art in the moment 12:30-1:15		
1-3:30/4	Making unique up-cycled clothing: fun with mending Pt 1 Topic: WEAVING PATCHES on a small loom	x	Herbal Crafts Part 1 Identification, Herbarium, Herbal Oils 1:30-3:30		
WEEK 2 AUGUST 12-14		12	13	14	
time	MONDAY	TUESDAY	WEDNESDAY	NOTES	
	COB HALF DAY- morning 8:30-4 (7hr)	8:30-4 (6.5-7hr)	8:30-4 (7hr)	21 hours	
8:30 AM	check in/intro	Breathing with Rae	Padma-stretching/ welcome/check in		
9:00:00 AM-10:15AM	x	Seeing Through Lenses: creating video art in the moment 9-10:40AM	Spanish		
10:30- Noon	x	Botany 11-12:30	Butchering 10:30-12:30pm, salt hide	5-10 people	
	x		x		
12:30PM-1 LUNCH					
1-3:30/4	Making unique up-cycled clothing: fun with mending Pt.2 Topic: Sashiko, traditional Japanese embroidery.	Sound Listening Workshop	Herbal Crafts Part 2 1-4PM processing herbs, herbal oils part 2, poultices & compresses, the art of brewing tea		

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WEEK 3 AUGUST 19-21		19	20	21	
time	MONDAY	TUESDAY	WEDNESDAY	NOTES	Saturday Aug 24
	8:30-4 (7hr)	COB FULL DAY 8:30-4 (7hr)	8:30-3 (6-8hr)	24 hours	can drive HOURS
8:30 AM	Breathing with Rae	x	Padma-stretching/ welcome/check in		
9:00:00 AM-10:15AM	Tanning- 2 gallon bags- aluminum sulfate	x	Spanish		
10:30- Noon		x	Herbal Crafts 10:30-12:30pm Make salves/balms, lotion/cream		10-12
lunch					
12:30PM-3 (with break)	Library cataloging- part 2	x	12:30-1		12-2
1-3:30/4	Making unique up-cycled clothing: fun with mending Pt.3 Topic: Discuss & practice patching- hand or machine, use your woven patch!	x	FOOD PANTRY at Grange Holland Loop community service 1-3 (organize food at Frog Farm), 2-4 (on site set up), or 4-6pm (on site)		
				total 65.5 hours	